2\textsuperscript{nd} International Conference on Integrative Medicine:
Role of Yoga and Ayurveda
Pain and Addiction Management
Joseph B. Martin Conference Center, Harvard Medical School,
77 Avenue Louis Pasteur, Boston, MA 02115
May 20-21, 2017

Conference Agenda

Saturday, May 20

Inaugural Program 9:00 – 10:30 AM

Chair - Dr. H R Nagendra, Chancellor, S-VYASA

Opening Remarks
Kanchan Banerjee, Co-Convener, Director, Indo-US Health Initiatives

Welcome address
Dr. Darshan H. Mehta, Medical Director, Benson-Henry Institute for Mind Body Medicine

Distinguished Guest: Hon’ble Ambassador Mrs. Riva Ganguly Das, Indian Consulate, NY

Special Guest Address Governor/Mayor

Distinguished Guest: Captain Christopher Bersani, Deputy Regional Health Administrator, Federal Health & Human Services (HHS)

Keynote address

1. Hon’ble Shri Shripad Yasso Naik, Chief Guest, Minister of State, Ministry of AYUSH, Govt. of India: Status of AYUSH and Opportunities

2. Dr. John Mendelsohn – University of Texas MD Anderson Cancer Center, Houston, TX
Symposium 1: Fundamental science and clinical issues - 10:30 – 11:45 AM

Chair: Dr. Dinesh Patel, Emeritus Chief, Arthroscopic Surgery, Mass General Hospital

Invited Talks:

1. Dr. Manjunath, N K - Director International Affairs & Director R & D, S-VYASA, India:
2. Dr. Greg Fricchione – Director of Benson Henry Mind Body Institute.
3. Dr. Lorenzo Cohen – University of Texas MD Anderson Cancer Center, Houston, TX
4. Dr. Daniel B. Carr, Past President, American Academy of Pain Medicine, Professor Department of Public Health and Community Medicine Tufts University.
5. Timothy Rourke, Director of substance misuse, New Hampshire Charitable Foundation (NHCF)

Lunch Break: 11:45 AM – 12:45 PM

Symposium 2: Ayurveda and Yoga therapy – 12:45 – 2:00 PM

Chair: Dr. B.N.Gangadhar Director National Institute of Mental Health and Neuroscience (NIMHANS), India

Invited Talks:

1. Dr. Ram Manohar – Director of Ayurveda Research at Amrita University, India
2. Dr. Sara Lazar, Harvard Medical School, USA:
3. Dr. Lisa Conboy, Health Researcher, Osher Center for Integrative Medicine Brigham and Women’s Hospital
4. Dr. Indranill Basuray, Baylor College of Medicine, TX

Panel Discussions: 2:15 – 3:30 PM

Strategies and steps for advancing Ayurveda/Yoga for healthcare

Chair: Dr. Bal Ram Singh, President, Institute of Advanced Sciences, Dartmouth, MA

Panelists:

1. Dr. Manoj Bhasin, Harvard Medical School
2. Dr. John Denninger, Director of Research, Benson-Henry Institute for Mind Body Medicine, Massachusetts General Hospital
3. Pratibha Shah, Council of Ayurveda Research
Break: 3:30 – 3:45 PM

Plenary Session 3:45 – 5:00 PM

Chair:  Latha Manigudi, State Representative, New Hampshire

Keynote address:

1. Dr. David Frawley, American Institute of Vedic Studies, New Mexico
2. Dr. H.R Nagendra, SVYSA, Bangalore, India

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**Sunday, May 21**

Yoga & Meditation Sessions: 7:30 - 8:30 AM

Plenary Session: 9:00 – 10:30 AM

Chair: Dr. David Frawley

Curtain Raising for 2017 International Day of Yoga in USA

Guest speakers:

1. Dr. M. Keshavan, Harvard Medical School
2. Dr. Nitigna Desai  Director of Addiction Psychiatry at Bedford Veteran Affairs Medical Center
3. Ms. Hilary Garivaltis, Executive Director, National Ayurvedic Medical Association
4. Raj Mukherjee, Assemblyman NJ State

Key Notes:

1. Dr. B.N. Gangadhar  Director National Institute of Mental Health and Neuroscience (NIMHANS), India
2. Nikki Myers  Founder Yoga of 12 Steps to Recovery Foundation
WORKSHOPS

Addiction Management Workshops

Session 1: 10:45 AM – 12:00 PM  
**Guest:** **Annalisa Cunningham** (Remote), Author of Healing Addiction with Yoga – A Yoga Program for People in 12-Step Recovery Programs

Session 2: 1:00 – 2:15 PM  
**Guest:** **Nicoletta Longo**, Founder & CEO - NamastaySober

Yoga and Pain/Addiction Management Workshops

Session 1: 10:45 AM – 12:00 PM  
**Guest:** **Dr. Jay Glaser**: University of Massachusetts Medical School, Ayurveda and other Vedic medicine as stealth therapeutics for addiction management

Session 2: 1:00 – 2:15 PM  
**Guest:** **Dr. Sat Bir Khalsa** Harvard Medical School - Yoga and anxiety disorders

Session 3: 2:30 – 3:45 PM  
**Guest:** **Jay Gupta**, Yoga Caps, RxRelax: Yoga for chronic pain and addiction in Marginalized Populations

Ayurveda and Pain/Addiction Management Workshops

Session 1: 10:45 AM – 12:00 PM  
**Guest:** **Dr. Prakash Mangalsseri**: Ayurvedic Intervention for pain management in Diabetic Neuropathy

Session 2: 1:00 – 2:15 PM  
**Guest:** **Dr. Anusha Sehgal** : Demonstration of Ayurvedic First aid care and simple pain management techniques.

Session 3: 2:30 – 3:45 PM  
**Guest:** **Dr. Ram Manohar** : Musculo skeletal pain management through Ayurveda: Research

Valedictory Session 4:00 – 5:00 PM

**Vote of Thanks:** **Pramit Maakoday**, Director United Health Group